

Women with Psoriasis – Importance of Shared Decision-Making

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Inspired by **patients.**
Driven by **science.**



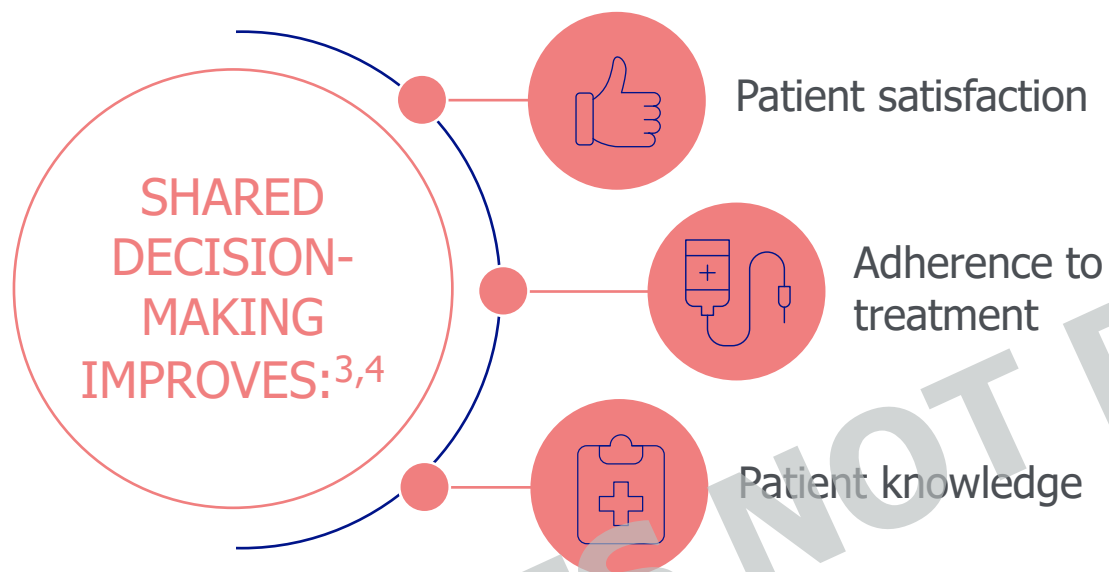
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What is Shared Decision-Making?

Patients and physicians **work together to make treatment decisions** based on the best available evidence and the values and preferences of the patient¹⁻³



Active collaboration between patient and clinician improves **patient understanding** of their treatment and increases **adherence**³

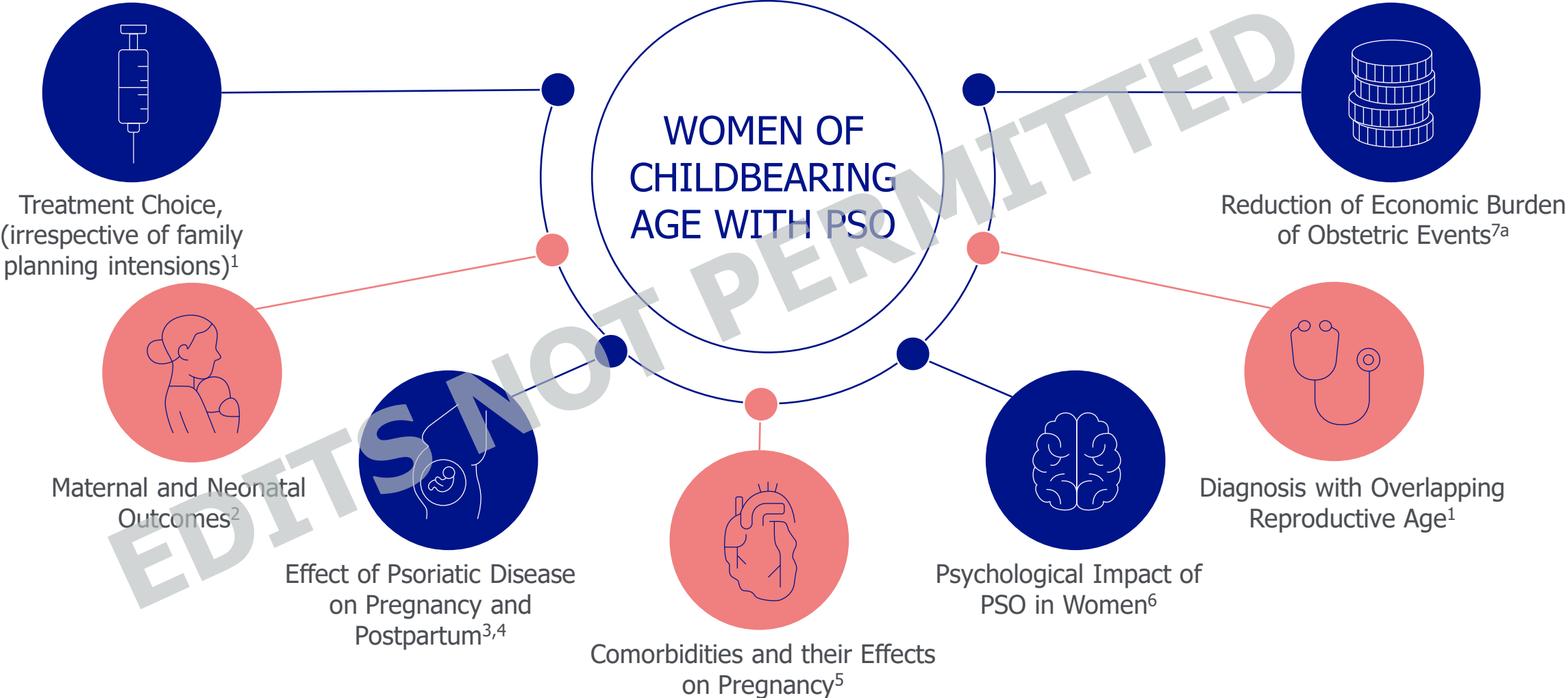
SDM is particularly relevant in **complex, preference-sensitive** decision-making when there are several **medically reasonable alternatives**³

Health authorities e.g. NICE increasingly encourage the use of **SDM** in medicine, with the creation of guidelines covering how to make SDM part of **everyday care** in all healthcare settings⁵

KEY MESSAGE

Personalised care empowers patients to make care decisions that are right for them at the time.⁵

Why is Shared Decision-Making Important in Women of Childbearing Age with PSO?



^aIndividualisation of care has been reported to reduce the economic burden of obstetric events with women of reproductive age for IMIDs.

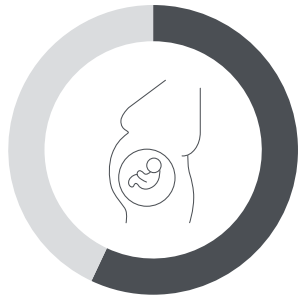
1. Gottlieb A et al. Int J Womens Dermatol. 2019;5(3):141–150. 2. Krim D et al. J Matern Fetal Neonatal Med. 2021;1–8.
3. Bröms G et al. Acta Derm Venereol. 2018;98(8):728–734. 4. McBride SR et al. Int J Womens Dermatol. 2021;7(5):697–707.
5. Johansen CB et al. Int J Womens Dermatol. 2021;7:246–258. 6. Elmetts CA et al. J Am Acad Dermatol. 2019;80(4):1073–1113.
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Dermatologists' Perspective on Barriers to Shared Decision-Making

Most patients with PSO (58%) are not participating highly in SDM¹

Dermatologists reported²
Sub-optimal^a knowledge of:

Sub-optimal^a skills in:



57%

Safety data of biologics for female patients who were pregnant



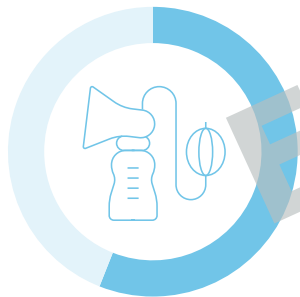
65%

Closely monitoring changes in pregnancy status or childbearing aspiration



50%

Discussing contraceptive methods with patients



56%

Safety data of biologics for female patients who were breastfeeding



57%

Making appropriate treatment adjustments in the face of an unplanned pregnancy

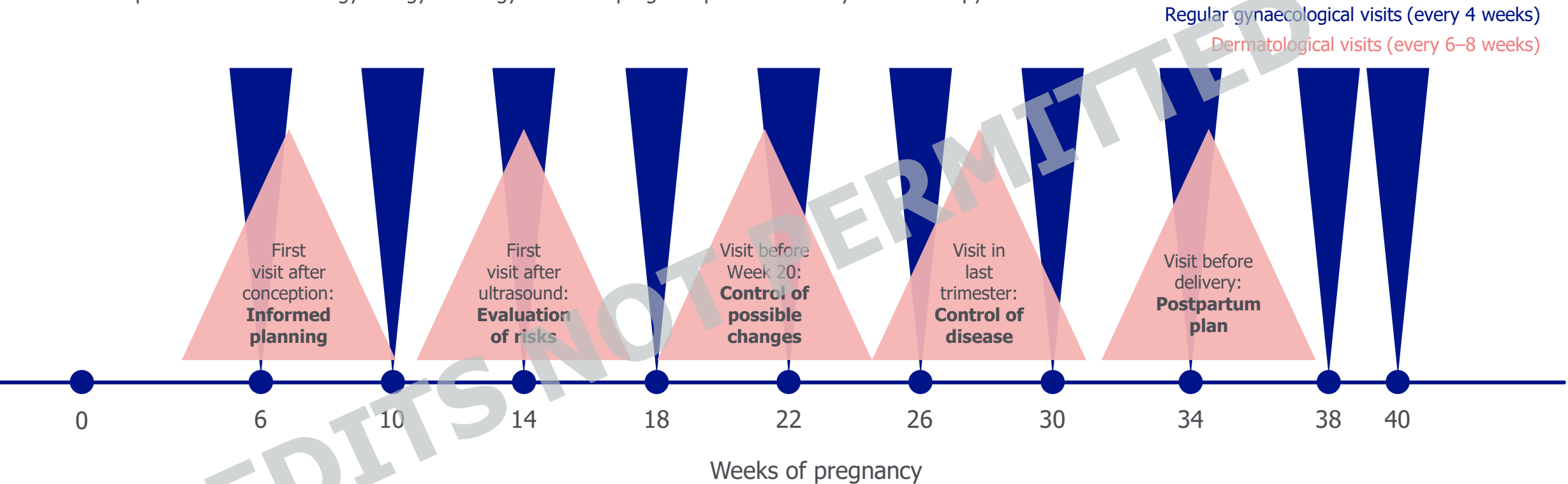


47%

Selecting compatible treatments with OB-GYNs

A Multidisciplinary Approach Supports Personalisation of Care and Ensures the Provision of United Advice to Patients

An example of SDM: dermatology and gynaecology visits of a pregnant patient under systemic therapy



KEY MESSAGE Communication between different clinicians treating the same patient, such as dermatologists and gynaecologists, can encourage the sharing of knowledge, group decision-making, and the provision of united advice to patients.

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Abbreviations

	Description
IMID	Immune mediated inflammatory diseases
NICE	National Institute for Healthcare and Excellence
OB-GYN	Obstetrician/Gynaecologist
PSO	Psoriasis
SDM	Shared Decision Making
UK	United Kingdom
USA	United States of America

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